

BODY CONTROL PILATES®

Heather Oakes

This certifies that the above
has been awarded a

Level 3 Certificate in Designing Pilates Programmes for Bone Health

and is therefore considered
fully qualified to teach
clients with Osteopenia and Osteoporosis

Awarding Body: Active IQ
Ofqual Qualification Number: M/504/3557



Lynne Robinson
Founder & Director

Dated

28th July 2020